

# PENNE PASTA WITH BEEF STRIPS IN A SUN DRIED TOMATO SAUCE

### **INGREDIENTS**

- 12 oz penne pasta
- 1lb beef strips
- 1/4 tsp salt, divided
- ¼ tsp fresh ground
  black pepper, divided
- ½ c sundried tomatoes packed in olive oil, cut into thin strips
- 1 Tbsp oil from sundried tomato jar
- 1/2 c shallots, finely chopped
- ½ c dry white wine
- ½ c heavy cream
- 2 Tbsp fresh parsley, finely chopped for

garnish

#### **DIRECTIONS**

- 1. Cook pasta according to package directions, drain (do NOT rinse), and set aside.
- 2. Cut beef strips smaller if desired. Sprinkle beef strips with 1/8 teaspoon of each salt and pepper.
- 3. Heat sun-dried tomato oil in a large skillet over medium heat.
- 4. Add the beef strips and cook, turning often, until browned. About 6 minutes total. Transfer to a plate.
- 5. Add sun-dried tomatoes and shallots to the pan. Cook, stirring, for 1 minute. Increase heat to high and add wine. Cook, scraping up any browned bits until the liquid has mostly evaporated, about 2 minutes.
- 6. Reduce heat to medium and stir in cream, any accumulated juices from the beef, and the remaining 1/8 teaspoon each salt and pepper; simmer for 2 minutes.
- 7. Return the beef to the pan and turn to coat with the sauce. Simmer for an additional 2-3 minutes.
- 8. Toss beef and sauce with the pasta. Sprinkle with parsley and serve.





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## **SHOPPING LIST**

- sundried tomatoes packed in oil
- shallots
- dry white wine
- heavy cream
- fresh parsley
- penne pasta

### SIDE OPTIONS

steamed broccoli green beans asparagus mixed greens side salad

